

BLITZZ MICRO FORMAT & LEAGUE RULES

	DIVISION I	DIVISION II	DIVISION III	DIVISION IV
Age Grade	U6 K-1	U8 2 nd & 3 rd	U10 4 th & 5 th	U12 6 TH 7 TH & 8 th
Players On The Field	3v3 or 4v4 NO G.K.	4v4 or 5V5 NO G.K.	6v6 Including G.K.	8v8 Including G.K.
Team Size	Approx. 6 - 7	Approx. 8 - 9	Approx. 10 - 11	Approx. 12 - 14
Game Length	4 – 8 min. Quarters	4 – 10 min. Quarters	25 min. Halves	35 min. Halves
Field Size	25x35	35x45	40x60	60x80
Goal Size				
Ball Size	3	4	4	5
Goalkeeper	No	No	Yes	Yes
Referee	Coach	Yes	Yes	Yes
Offside	No	No	No	Yes
Throw-ins	Kick-in	Yes	Yes	Yes
Goal Kicks	Yes	Yes	Yes	Yes
Corner Kicks	Yes	Yes	Yes	Yes
Penalty Kicks	No	No	No	Yes
Free Kicks	- I N D I R E C T -			DIRECT/INDIRECT
Substitutions –	any natural stoppage of play		w/ approval of referee	
SLIDE TACKLES – THERE ARE ‘NO SLIDE TACKLES’ ALLOWED AT ANY LEVEL				

****NO DOGS ARE ALLOWED ON MSU FIELDS!**

*All players must wear shin guards for practice and games – shin guards must be covered by socks.

*No jewelry can be worn during a game

****EXCEPTION – MEDICAL ALERT**

*Parents are asked to help take down and put away equipment after last game of the day

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*Please pick up litter

*Blitz Micro Game Day is a non-smoking environment. Please respect the players by not smoking at the fields

*Lost items should be placed at the information table – items will be available on any game day through the end of the season

****PLEASE THANK THE REFEREE**

Did I Mention... **NO DOGS ARE ALLOWED ON MSU FIELDS!**